

# Sustainable Teaching

Good teaching in less time



Time is a precious thing to have as a teacher at the TU Delft. We all love our work, and put a lot of effort and time in it.

To keep track of your time and don't waste it on activities which do not contribute to effective learning of our students, we are developing a cookbook for engineering teachers which describes best practices of effective and efficient teaching. These recipes can be approached via the online teaching-community platform. Teachers can share their recipes with peers.

This cookbook should help you to find alternative and inspiring ways of teaching in a more efficient and sustainable way, without losing the effect on students' learning.

The cookbook is filled with recipes harvested via workshops and from contributions of your fellow teachers, the TU-Delft teaching community.

Our goal is to inspire you with effective recipes to come to a more balanced work-live. Want to share a recipe? Do not hesitate to contact me.

## Contact

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